



Smallbrook

CARE HOME

part of **Asprey Healthcare Limited**

Care • Warmth • Trust • Dedication



Residential Care Home - Specialising in Dementia & Frail Care

Personalised care...

Smallbrook Care Home in Horley, Surrey is a purpose-built residential property offering warm, home-from-home care for frail elderly residents or those living with dementia.

Nestled down a quiet residential cul-de-sac in over an acre of landscaped grounds, our dedicated and fully trained staff ensure each resident receives one-to-one personalised care. We pride ourselves in supporting families and understanding specific needs, interests and choices.

At Smallbrook Care Home we have the expertise and facilities to take care of your loved one.

We offer a wide range of carefully planned weekly activities and outings. Our Lifestyle Co-ordinators are devoted to supporting Smallbrook's ethos of continuing to live a full and meaningful life.

Seasonal, fresh home cooked meals are delivered by our in-house chef three times a day with snacks and refreshments, catering for dietary requirements and preferences where possible.

Suffolk Close, Horley, Surrey, RH6 7DU Tel: 01293 772 576
www.aspreyhealthcare.co.uk/smallbrook-care-home

At a glance...

- Dementia and frail elderly friendly
- 41 spacious en-suite bedrooms all with “nurse call”
- 24-hour, personalised care by fully trained staff
- Spacious and comfortable lounges
- Bright dining area offering home cooked meals
- Laundry service
- Respite stays available



Activities & Facilities...

- Weekly programme of social activities, outings and visiting entertainers
- Reminiscence and sensory activities
- Landscaped gardens
- Hairdressing salon
- Visiting chiropodist
- Sensory room
- Library area ideal for family reunions
- Complimentary Wi-Fi
- Off street parking

Smallbrook Care Home is family owned and we place much importance on family values, welcoming your relative and showing them compassion and kindness.

We pride ourselves on offering a relaxed, homely atmosphere where families and visitors are welcome at any time including joining your relative at mealtimes.

When visits are not possible for those families living far away or perhaps during illness, we believe continued contact is vitally important and we encourage connections through a number of mediums such as Facetime, Skype, Whatsapp etc.



What's on the menu...

At Smallbrook we like to celebrate mealtimes – one of life's little pleasures. Our weekly selections include a variety of offerings and we cater for all dietary requirements. Our example menu includes:

Breakfast:

Full English, cereal, porridge, croissants, crumpets.

Lunch:

Baked gammon, roast chicken, shepherd's pie, Quiche Lorraine (all served with fresh vegetables or salad) or a selection of freshly made sandwiches. Apple pie and cream, Bakewell tart, strawberries and cream, selection of yoghurts.

Afternoon tea and home-made cakes/scones

Evening Meal:

Soup of the day, jacket potatoes with various fillings, salmon frittata with salad, Ploughman's, cheese and crackers.

Jelly and ice cream, fruit cocktail and meringues, crème caramel.



More about Activities...

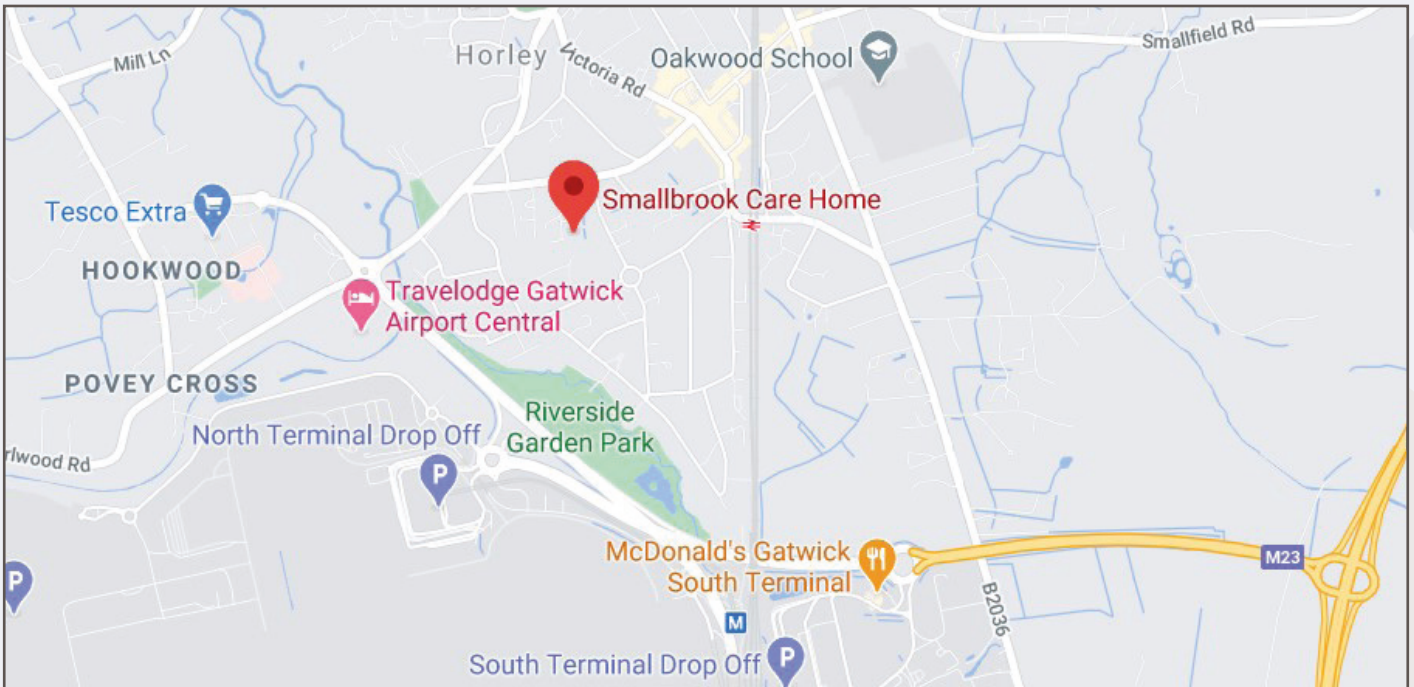
Our Lifestyle Co-ordinators carefully plan weekly programmes and you can keep up to date with what's going on using our online Smallbrook Care Home calendar. Residents can enjoy a variety of activities from crafting, cooking, games, exercise, past-time reminiscing, visiting choirs, outings to local primary schools and garden centres to name a few!



"Our main aim is to be no ordinary care home! To achieve this, we create a safe, kind and relaxing 'home from home' atmosphere, providing residents with privacy, dignity, respect and choice. We encourage independence wherever possible, but primarily, we support and maintain personalised care that is adaptable to changing needs."

– Philip Connell, CEO Asprey Healthcare Limited

Get in touch...



Why not come and visit us and see for yourself what life at Smallbrook has to offer. We also offer remote viewings or why not take a look at our 360° virtual tour on our website:

www.aspreyhealthcare.co.uk/smallbrook-care-home

To book your viewing, please call a member of our management team:

Smallbrook Care Home, Suffolk Close, Horley, Surrey RH6 7DU
01293 772 576 smallbrook@aspreyhealthcare.co.uk



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We look forward to welcoming you!